

Dr. Vincent Fortanasce's Anti-Alzheimer's Salad Dressing

1 pinch turmeric

1 pinch rosemary

3 pinches garlic powder

1 tablespoon olive oil

2-3 tablespoons rice vinegar (to taste)

Pinch of salt and pepper (to taste)

Mix all ingredients together and shake.

1 serving: 135 calories, 0 grams carbohydrate, 0 grams protein, 15 grams fat