

# Shankle-Amen Dementia Early Screening Questionnaire

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Please answer the following questions. If possible, to give yourself the most complete picture, have another person who knows you well (such as a spouse, lover, or parent) rate you as well.

1. \_\_\_\_ (3.5) one family member with Alzheimer's disease or any other form of dementia
2. \_\_\_\_ (7.5) more than one family member with Alzheimer's disease or any other form of dementia
3. \_\_\_\_ (2.7) family history of Down Syndrome
4. \_\_\_\_ (2.0) past head injury with loss of consciousness or multiple head injuries without loss of consciousness
5. \_\_\_\_ (4.4) 10 history of alcohol or drug abuse
6. \_\_\_\_ (2.0) history of depression
7. \_\_\_\_ (10) stroke
8. \_\_\_\_ (2.5) coronary artery disease or heart attack
9. \_\_\_\_ (2.1) high cholesterol
10. \_\_\_\_ (2.3) high blood pressure
11. \_\_\_\_ (3.4) diabetes
12. \_\_\_\_ (3.0) history of cancer or cancer treatment
13. \_\_\_\_ (1.5) a history of seizures
14. \_\_\_\_ (2.0) limited exercise
15. \_\_\_\_ (2.0) a high school education or less
16. \_\_\_\_ (2.0) jobs that do not require continued learning
17. \_\_\_\_ (2.0) are you age 65-74
18. \_\_\_\_ (7.0) are you age 75-84
19. \_\_\_\_ (38) are you age 85+
20. \_\_\_\_ (2.3) have you smoked cigarettes for more than 10 years
21. \_\_\_\_ (2.5/5) if known, do you have the apoE4 gene, one copy (2.5) or two (5)

Add up the scores in parentheses for the items you checked.

Total score: \_\_\_\_\_

## Brain Area Questions

Place a check mark next to the following questions that apply to you.

<b>Severity</b>	<b>Progression</b>	<b>Brain Area Involved</b>
Yes, Present Now	A Lot Worse than 10 Years Ago	
		<b><u>Temporal Lobe Questions</u></b>
		Is there frequent difficulty remembering appointments, family occasions, holidays, or remembering to take medication/supplements?
		Is there frequent difficulty recalling conversations a few day later?
		Is there frequent difficulty finding the right words to say during conversations or remembering the names of things?
		Are there frequent episodes of irritability, anger, aggression, or a "short fuse" for little to no reason?
		Are there frequent feelings of suspiciousness, paranoia or hyper - sensitivity without clear explanation or reason why?
		Is there frequent tendency to misinterpret what one hears, reads, or experiences?
		<b>Temporal Lobe Progression and Severity Totals</b> (add up the total number of checks for this section in each column)
		<b>FRONTAL LOBE QUESTIONS</b>
		Is there frequent difficulty recalling past events that occurred a long time ago?
		Is there frequent difficulty with judgments, such as knowing how much food to buy?
		Is there frequent difficulty thinking things through (reasoning)?
		Is there frequent difficulty handling finances or routine affairs that were usually taken care of?
		Is there frequent trouble sustaining attention in routine situations (i.e., chores, paperwork)?
		Is there frequent difficulty finishing chores tasks or other activities?
		Is there frequent difficulty with organizing and planning things?
		Are there frequent feelings of boredom, loss of interest, or low motivation to do things that were previously enjoyed?
		Is there a frequent tendency to act impulsively, such as saying or doing things without thinking first?
		<b>FRONTAL LOBE PROGRESSION AND SEVERITY TOTALS</b> (add up the total number of checks for this section in each column)
		<b>PARIETAL LOBE QUESTIONS</b>
		Is there frequent difficulty making a wrong turn or getting lost (direction sense)?
		Is there frequent difficulty with knowing where you are in relationship to objects (for example, bumping into things in a dark, familiar room)?
		Is there frequently trouble knowing what objects are, just by their feel?
		Is there frequent difficulty distinguishing left from right?
		Is there frequent trouble copying what others do, or trouble learning a new task or skill?
		<b>PARIETAL LOBE PROGRESSION AND SEVERITY TOTALS</b> (add up the total number of checks for this section in each column)
		<b>TOTAL PROGRESSION AND SEVERITY SCORES</b>

**Questionnaire Interpretation**

Add up your scores in each area and use the key below to determine their meaning.

**Severity Score:** defined as the number of abilities or behaviors where there is frequent difficulty.

Severity Score = the number of rows where the left column is checked.

Severity Score= \_\_\_\_\_

**Progression Score:** defined as the number of abilities or behaviors that are a lot worse than 10 years ago.

Progression Score= The number of rows where the right column is checked.

Progression Score= \_\_\_\_\_

If severity score + progression score = four or more consider giving the Shankle Memory Screen found at [www.mccare.com](http://www.mccare.com). Also consider referring to a neurologist who specializes in dementia and Alzheimer's.